



# Kathy Wiens Coaching

Describe the difficult situation:

What I can control in the situation:

- 1.
- 2.
- 3.
- 4.
- 5.

Things I cannot control:

- 1.
- 2.
- 3.
- 4.
- 5.

Action Plan: What can I do?

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I can't control the weather, but I can control the warmth of my hat.

