

Katherine Wiens

Education

- Emporia State University in Emporia, Kansas - 2012 - 2015
 - Master of Science in Mental Health Counseling
- Wichita State University in Wichita, Kansas - 1987-1992
 - Master of Education in Elementary Education
- Bethel College in Newton, Kansas - 1980-1982
 - Bachelor of Science in Elementary Education

Licenses and courses completed

- Level I STAR (Strategies for Trauma Awareness and Resilience) training - 2016
- Licensed as a Professional Counselor in the State of Kansas #LPC 3176 - October 2017
- Trauma Recovery Coaching Institute [certification](#) - 2018
- Mindfulness-Based Stress Reduction course - March 2019

Previous employment

- Harvey County Health Department in Newton, Kansas
- Kansas Children's Service League in Newton, Kansas
- New Creation Preschool in Newton, Kansas
- Hutchinson Community College in Newton, McPherson and Wichita, Kansas
- Zion Lutheran Preschool in Newton, Kansas
- Self-employed speaker and author (current employment)

Books and other publications

- *Please Don't Send Me Back*, published 2021

- *Bars Dumps and Other Childhood Hangouts*, published 2013
- “[Victim or Survivor: Respecting Our Choices](#)” blog post on [Into Account](#), published March 13, 2019.
- “[Survivors, You Are Where You Need to Be](#)” blog post on [Dove’s Nest](#), published October 28, 2018.
- “[You Are Where You Need to Be](#)” blog post on Into Account, published October 15, 2018.
- “[Protecting the Least of These: Mandated Reporting of Child Abuse](#)” blog post on Dove’s Nest, published June 26, 2018.
- “[Words Matter: How Do We Label Survivors of Sexual Abuse?](#)” blog post on Dove’s Nest, published April 26, 2018.

Presentations and podcasts

- “[Healing Childhood Trauma with Kathy Wiens](#)” podcast on [The Healing Trauma Podcast with Monique Koven](#), aired May 25, 2021.
- “[Child Abuse Survivors and Coronavirus Impacts](#)” presentation on [Into Account’s YouTube channel](#), aired May 8, 2020.
- “Sexual Violence in the Congregation: Responding with Courage, Compassion and Transparency” presentation with Dr. Stephanie Krehbiel and Hilary Scarsella at the [2019 Mennonite Church USA Convention](#) on July 5, 2019.
- “Protective Factors – Life’s Insulation Against Adversity” presentation at the [2019 Trauma Recovery Coaching Summit](#) on June 11, 2019.
- “The Wisdom of the Wounded: Losses, Triggers and the Church’s Response” presentation at the [2017 Mennonite Church USA Convention](#) on July 6, 2017.